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A LOOK AT DISNEY'S DARK SIDE, PLUS SOME EXTRAS ON NEW FILM MALEFICENT

metroAR PAGE 15

Social media saves the day in kidnapping

Parents of newborn sing praises of net detectives and police PAGE 10

Married for love, stoned to death

Pregnant woman attacked by nearly 20 family members in honour killing outside Pakistani high court PAGE 11

AIDS ward closes as deaths fall

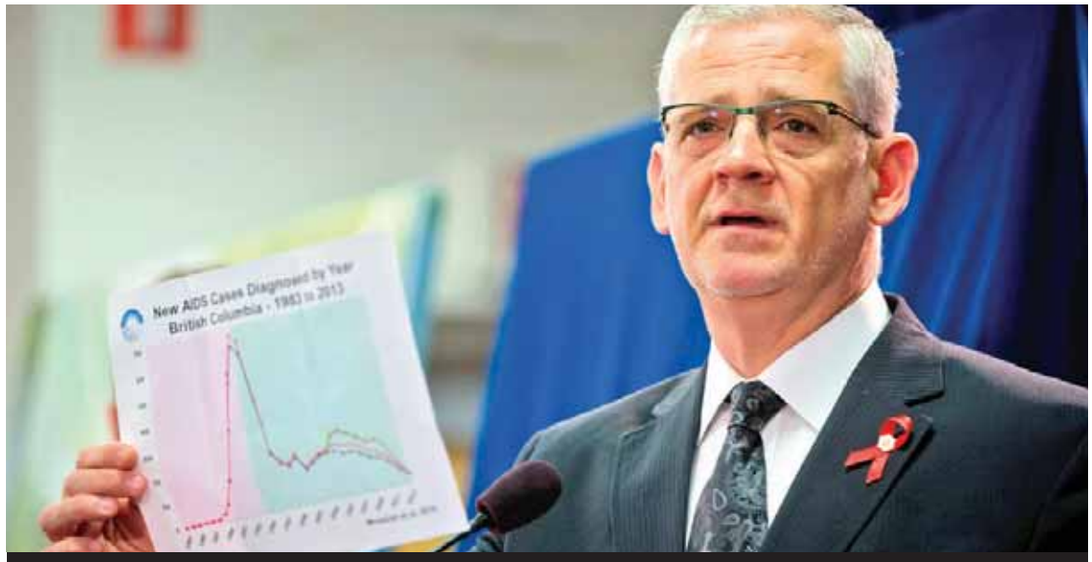
Success story. Floor at St. Paul's Hospital being repurposed due to lack of demand for care

A Vancouver hospital ward once so stigmatized it was only referred to by code name has been transformed from an AIDS-dedicated centre now that the illness has been "virtually controlled" in the province.

St. Paul's Hospital in the city's core is repurposing the floor that nursing staff would only identify as "10C" because of a near-elimination of AIDS cases in British Columbia and the associated drop in need for high-maintenance HIV care.

But Dr. Julio Montaner, a longtime crusader and champion of the HIV-AIDS treatment-as-prevention program, said Ottawa's failure to take greater action has hindered progress in wiping out the disease nationwide.

"If every province was doing what B.C. has done, we would have a country that would be celebrating together the same thing," said Montaner, who helms the BC Centre for Excellence in HIV/AIDS.



Dr. Julio Montaner, director for the BC Centre for Excellence in HIV/AIDS, holds a chart showing the decline of new AIDS cases in B.C. from 1983 to 2013 on Tuesday in Vancouver. The dedicated AIDS ward at St. Paul's Hospital will close due to the dramatic fall in the number of cases and a drop in need for high-maintenance care. DARRYL DYCK/THE CANADIAN PRESS

But a spokeswoman for Health Minister Rona Ambrose said there's been "strong federal leadership on the file."

Over the coming year, Ottawa will invest $86.7 million on two initiatives addressing domestic HIV-AIDS, including a vaccine program. The government has also invested more than half a billion dollars on research.

Montaner joined Premier Christy Clark and other officials on Tuesday in lauding the ward's metamorphosis as a sign that the illness is almost under control in the province.

"Virtually AIDS disappeared, but it didn't really disappear until the very end, when treatment-as-prevention became the reality," Montaner said, holding up a graph depicting a dramatic plummet in cases.

"We did it and everybody else can do it."

The ward opened during the peak of Vancouver's HIV-AIDS epidemic in February 1997, when about one person was dying each day.

As of 2013, only 40 people in B.C. were identified as living with the disease that can develop from the HIV virus without medical care, according to the BC Centre for Excellence in HIV/AIDS.

There was an estimated 11,972 cases of people infected with HIV in 2012 in B.C., with more than half getting active treatment.

Expanded treatment coverage in the province is credited for an 80 per cent drop in both AIDS cases and HIV-related deaths since 1996, and a 66 per cent decline in new HIV diagnoses.

The St. Paul's ward will continue to provide HIV-AIDS treatment, but will expand its focus to include various bacterial and viral infections like chronic hepatitis.

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Former premier tries his hand in medical marijuana industry

Not just blowing smoke. Mike Harcourt, chair of True Leaf Medicine, hopes the startup will help ensure patients get the right type and dose of pot

EMILY JACKSON
emily.jackson@metronews.ca

When he was premier of British Columbia, Mike Harcourt never expected he'd one day get into the medical marijuana business.

But that's exactly what Harcourt, also the former Vancouver mayor, is doing these days as chair of True Leaf Medicine Inc., a startup under the new federal medical marijuana rules.

He was skeptical at first, he said in an interview Tuesday, but after looking into the company he decided to take the opportunity.

"Hopefully, it's going to be a leader in terms of setting the standards in assuring doctors and their patients they're getting the right dose and type," Harcourt said.

The company is researching cannabis strains to see which are best at addressing specific conditions or symptoms. It has applied for a Health Canada licence to grow in Lumby, B.C.

While Harcourt doesn't have experience in cultivating different strains of cannabis, he does have experience in pain management.

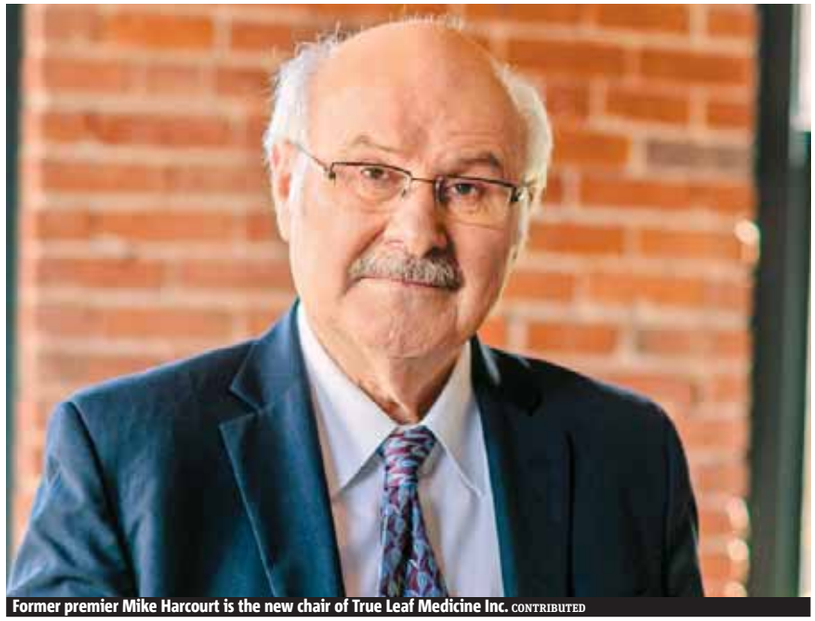
Twelve years ago, Harcourt fell down a six-metre cliff at his cabin on Pender Island. The accident left him partially paralyzed.

He's been working with people with disabilities ever since.

He says he didn't use medical marijuana after his accident, but he saw the benefit to people in many situations.

Harcourt believes the new federal regime is a good departure from prohibition. (Prohibiting booze created Al Capone and prohibiting marijuana created the Hells Angels, he said.)

He approves of the tight security regulations — he had to be fingerprinted and get a police check, along with any other potential directors and staff of a company applying for a licence — and hopes the standards will allow thousands more patients to access safe, reliable medication.



Former premier Mike Harcourt is the new chair of True Leaf Medicine Inc. CONTRIBUTED

Harcourt is the second high profile politician to publicly reveal his entrance into the medical cannabis industry. B.C.'s former top cop Kash Heed is acting as a security consultant for medical marijuana companies in B.C. and Ontario.

Aquarium speaks out after Jane Goodall's letter

Belugas at the Vancouver Aquarium. METRO FILE

Vancouver Aquarium is again defending its practices after world-renowned conservationist Jane Goodall challenged its captivity program.

Goodall wrote to the Vancouver Park Board in a letter dated May 13 saying the "current permission of Vancouver Aquarium cetacean breeding programs on-site, and at SeaWorld with belugas on loan, is no longer defensible by science.

"As society at large and the scientific community now reflect on the keeping of highly cognitive species like primates, elephants, and cetaceans in entertainment and research, I ask the Vancouver Park Board and the Vancouver Aquarium to do the same," Goodall wrote.

The aquarium responded publicly with a written statement from Clint Wright, general manager and second vice-president of animal operations.

"The Vancouver Aquarium has the greatest respect for Jane Goodall, but her information may be incomplete," Wright wrote. "The current science is clear that beluga whales live as long, if not longer, while in human care. Scientific and behavioural evidence shows that cetaceans at the Vancouver Aquarium are content and thriving." Wright also extended Goodall and invitation to visit the aquarium and speak with researchers first-hand.

MATT KIELTYKA/METRO

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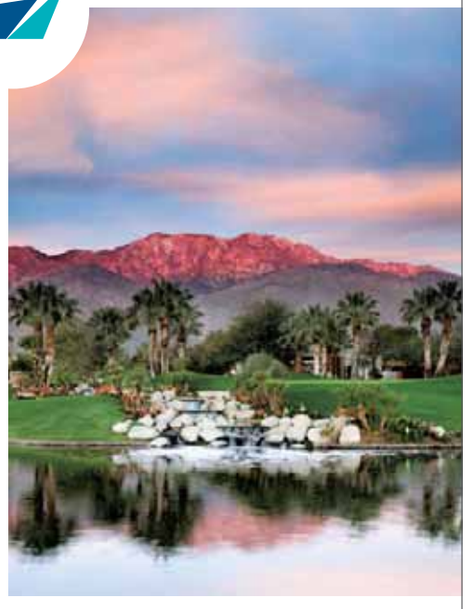

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Two men trapped by toppled tree

No injuries in freak accident. 'Don't know why, don't know how, the tree just fell over,' says battalion fire chief

EMILY JACKSON
emily.jackson@metronews.ca

Two men were trapped in their vehicles for nearly two hours after a massive tree fell and knocked down live wires in downtown Vancouver during Tuesday's drive home.

No one was injured in the incident that attracted dozens of onlookers as the men, one in an SUV completely buried in branches and the other in a truck with a live wire resting on it, patiently waited for crews to cut the wires tangled in the old tree in Victory Square on Cambie near Pender.

The SUV's driver declined to give his name, but told reporters at the scene he was driving home when he suddenly saw bushes coming down around 4:15 p.m.,

"I was stuck. I had no idea what happened," he said.

He called emergency crews from his cell phone and they helped him keep calm, he said. They were "quite helpful" and, though he was a little scared, was not hurt.

The men were given the green light to exit their vehicles around 6:05 p.m.

Workers immediately began surveying the scene where the tree rested on a slope cracked at the base.

Authorities didn't have an immediate explanation for the apparently healthy, leafy tree's sudden demise.

"The tree fell down, that was it. Don't know why, don't know how, the tree just fell over," battalion fire chief Albert Drinovz said, as about a dozen firefighters stood by in case rescue equipment was needed.

But onlookers were quick to point out the new concrete slabs on the sidewalk at the base of the tree. They questioned whether crews cut the tree's roots when replacing the pavement.

Workers survey a tree that toppled onto Cambie Street in downtown Vancouver on Tuesday. EMILY JACKSON/METRO

Developer pays dearly for 20-cm error

A 20-centimetre construction error will cost brand-new condo owners $175.17 per year for the life of the building.

When constructing a 30-unit condo building at Nanaimo Street and East Broadway, local developer Kaval Properties accidentally built box windows that jut outside the property boundaries over city property, city surveyor Al Zacharias told city council Tuesday.

Normally developers would be forced to remove such encroachments, but the city will not require that because it would be incredibly costly and the error will have minimal impact on the public, he said.

"This is the first time I've seen an error like this happen," Zacharias said, adding he's been at the city since 2005.

The city slapped a $1,500 fee on the developer to grant easement to the air space. Without the easement, the developer cannot register a strata plan or sell the units.

Coun. Raymond Louie worried this wasn't a large enough punishment to deter developers from building outside their boundaries in the future.

But Zacharias estimates the developer paid about $6,000 in lawyer and surveyor costs. On top of that, $175.17 will show up on owners' annual property tax bills in perpetuity. It's not clear how many units encroach on city land.

"I suspect that this does not add to the salability of the units," Zacharias said.

EMILY JACKSON/METRO

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Clark hopes board meeting will resolve teachers' dispute

Strike. Premier Christy Clark says she wants both sides to work toward coming up with a new bargaining system

British Columbia's premier is hoping a Labour Relations Board meeting will jump-start a resolution to the dispute that has families looking for alternative care for their children while teachers walk picket lines.

Christy Clark said Tuesday that the government's negotiators and the teachers' union will meet with the LRB on Thursday over lockout provisions that include a 10 per cent pay cut for teachers.

"I hope we could get this settled in 24 hours, 48 hours, if people would decide not to strike and sit down instead and come to an agreement."

Clark said the two sides must bargain hard to settle their differences because students are put in the middle of the fracas yet again as thousands of teachers stage rotating strikes across the province this week.

"It's not fair for families and children to pay the price of a labour dispute between adults," she said.

Clark said a broken bargaining system has meant several governments have had to legislate teachers back to work over the last 30 years, with only one exception that didn't involve a strike.

Clark said it's time that the government and the teachers' union came up with new ideas to ensure education isn't disrupted for at least the next 10 years. She added that once a new agreement is worked out, she wants both sides to work toward coming up with a new bargaining system to prevent more strikes. THE CANADIAN PRESS

Ryan Tanabe, left, a teacher, and his father Rod Tanabe, a counsellor teacher at Killarney Secondary School, walk the picket line outside the school in Vancouver on Monday. DARRYL DYCK/THE CANADIAN PRESS

OneCard. Controversial access pass proves to be a success, park board says

The park board is crediting a controversial access pass for attracting thousands of new users to Vancouver's pools, rinks and fitness centres.

The OneCard, a universal pass that lets people access recreation facilities without being a member of a particular community centre association, inspired 33,000 new users to join the system, according to a KPMG report.

Park board general manager Malcolm Bromley said he is "extremely pleased" with the results, especially since 18,000 of the new users reloaded their cards once they used the free passes tempting them to join.

The board commissioned the study for $22,000 to review the performance of the OneCard, the introduction of which prompted six community centre associations to sue the park board for violating their joint operating agreement.

The associations argue the OneCard dries up their funding source by making it unnecessary for people to buy memberships. The lawsuit is before the courts.

Twelve other community centre associations remain in negotiations with the park board over a new joint operating agreement.

The ongoing negotiations, which are happening behind closed doors, have been "very constructive," he added.

Yet they've lasted more than a year longer than anticipated, as a new joint operating agreement was supposed to be in place by summer 2013. Bromley has no prediction on when the parties will hammer out a deal. EMILY JACKSON/METRO

Steep increase in users

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This increase in the number of users at Vancouver's recreational facilities is significantly more than the typical five per cent annual rise, according to Malcolm Bromley.

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Dr. Lynn Raymond, a neurologist at the University of British Columbia, is researching the usefulness of an Alzheimer's drug on patients with Huntington's disease. CONTRIBUTED

Drug could delay Huntington's, says UBC researcher

Used for Alzheimer's. Memantine seemed to 'rebalance pathways' in brains of lab mice

THANDI FLETCHER
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A drug used to treat Alzheimer's could also potentially help patients with Huntington's disease, according to the latest research from the University of British Columbia.

The findings open the door to new treatments that could potentially delay symptoms of Huntington's or even reverse damage caused by the inherited disease, said neurologist Dr. Lynn Raymond, a professor in UBC's department of psychiatry, who presented the research this week at the annual Canadian Neuroscience Meeting in Montreal.

The drug memantine was successful in delaying the onset of Huntington's symptoms in laboratory mice.

The drug seemed to "rebalance pathways" in the brains of animals before they even showed symptoms — "an indication that the neurons are now back into a healthy state," said Raymond.

Huntington's disease is a neurodegenerative genetic disorder that causes the progressive breakdown of nerve cells in the brain. Symptoms can vary but include involuntary jerking movements, cognitive impairment and psychiatric disorders.

Although the research is promising on mice, Raymond said more human clinical trials are needed.

Sting operation

Alleged chat-room predator charged

A 29-year-old man has been charged with luring a child and making child pornography after an undercover police sting.

RCMP say Tyler James Nowek was arrested in West Kelowna on April 2, shortly after its Integrated Child Exploitation unit began an online investigation in March.

Police say an investigator posed as a 13-year-old girl on a chat forum and was soon approached.

The chats "quickly became sexually explicit" and led to the suspect allegedly asking to meet the girl. MATT KIELTYKA/METRO

Dream of owning a home? Better keep dreaming ...

Affording a home in Vancouver isn't getting any easier.

The latest cross-country Housing Trends and Affordability Report from RBC Economics Research, released Tuesday, says the city's real-estate market appears to be back on track after a sluggish late 2012-early 2013 period.

The RBC housing affordability measure is based on the percentage of a household's monthly pre-tax income that is spent on home ownership.

According to the report, that measure increased in Vancouver by 0.9 percentage points to 82.4 per cent for bungalows and by 0.6 per cent to 86.5 per cent for a two-storey home.

"With prices back in growth mode, the improvements we've seen in Vancouver's affordability levels over the past two years will be difficult to replicate," warned RBC chief economist Craig Wright in a statement.

Of all Canadian major cities, Vancouver is far and away the least affordable with a measure of 82.4 per cent.

Toronto is ranked second highest at 56.1 per cent, followed by Montreal (38.9), Ottawa (36.4), Calgary (34.5) and Edmonton (32.9).

MATT KIELTYKA/METRO

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Top brass says sexual harassment not a part of military culture

Commons defence committee. Commander grilled after damning magazine story says assault at epidemic level

The country's top military commander has been called on the parliamentary carpet to answer questions about reports of sexual violence in the military.

Gen. Tom Lawson, the chief of defence staff, was grilled Tuesday by the Commons defence committee about a recent magazine report that claimed sex assaults within the ranks are at an epidemic level.

The story, published by Maclean's and L'actualité magazines, interviewed several victims and examined a decade's worth of statistics documenting reported attacks.

Lawson told the committee he found the allegations disturbing, and acknowledged the courage of those victims who spoke out.

An internal review carried out since the claims were first reported last month has identified "some barriers" that prevent alleged victims from coming forward, he testified.

Lawson said an independent review from outside the military is being organized, one that will have the authority to interview military members and could potentially uncover fresh allegations of assault.

The exposé

The magazine story said military police get as many as 200 complaints of sexual assault each year, with many more cases going unreported by victims who fear the potential consequences from within the military hierarchy.

But he said he does not accept the notion that sexual violence and harassment are part of military culture, citing a recent internal survey that suggested harassment of all kinds has been declining steadily over the last decade.

Lawson said only a small percentage of those who took part in the 2012 survey said they've faced harassment, but he conceded the numbers are higher when the results are parsed by gender.

"I think there is an underreporting going on," Lawson said, "and we need to do everything we can to deal with any issues that stand in the way of someone coming forward."

But defence critic Jack Harris didn't buy those assurances, saying that the issue has resurfaced time and again since a similar media exposé was written in the late 1990s.

"As a Canadian I'm more than concerned and disturbed," said Harris. National Defence is three years behind in reporting criminal statistics within the military to Parliament, he added.

THE CANADIAN PRESS

Donetsk mayor says dozens killed; rebels say toll could be 100

People carry sandbags to set up a shooting position as a pro-Russian gunman watches on the road leading from the airport to Donetsk, Ukraine, Tuesday. The city was in turmoil Tuesday, a day after government forces used fighter jets to stop insurgents from taking over the airport. Donetsk's mayor said 40 people were killed in Monday's fighting, while rebel leaders said the death toll could be as many as 100. VADIM GHIRDA/THE ASSOCIATED PRESS

'They are just dancing.' Iranians should be free to be Happy, Pharrell says

Pharrell Williams says everyone should be able to celebrate their joy — including Iranian youths who were arrested for posting an Internet video of them dancing to his song Happy.

Some in Iran see the video as promoting the spread of Western culture. Iranian laws ban women from dancing in public or appearing outside with heads uncovered.

Williams says he has "the utmost respect for people's religious views" and doesn't know much about Iranian law.

But he added: "The present is a gift, and if you just want to celebrate your happiness, you should be allowed to do that."

Speaking at an exhibit opening in Paris Monday, he said, "They are just dancing."

Pharrell Williams poses during a press conference for the exhibition GIRL at the Perrotin Gallery in Paris, Monday. FRANCOIS MORI/THE ASSOCIATED PRESS

Fans have posted similar Happy videos from around the world, showing people dancing down streets.

THE ASSOCIATED PRESS

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‘Every click, every share made the difference’

Trois-Rivières, Que.
Parents grateful after spread of Amber Alert on social media leads online sleuths to help locate missing baby

Melissa McMahon and Simon Boisclair hold their daughter Victoria in this photo posted on Boisclair’s Facebook page. FACEBOOK/THE CANADIAN PRESS

The mother of a day-old infant snatched from a Quebec hospital says she’s grateful to everyone who helped bring home her baby — especially the group of people who used social media to hunt down the alleged kidnapper.

Police issued an Amber Alert on Monday night after the newborn was abducted from the mother’s hospital room in Trois-Rivières by a woman allegedly wearing scrubs and posing as a nurse.

The alert, which included a photo of the suspect, was splashed across mainstream and social media within minutes.

Four young locals wasted little time picking up the cause and guided police to the woman’s home, where officers found the baby safe three hours later. Police also arrested a woman in her early 20s in connection with the kidnapping.

“Every click, every share made the difference,” Melissa McMahon, the infant’s mother, wrote Tuesday in a post on her Facebook page.

“Four marvellous people, whom we had the chance to meet, identified this woman thanks to Facebook … We felt a huge amount of support from the public. This victory is for you, too!!!”

The online detectives who helped find baby Victoria were identified as Charlene Plante, Marc-Andre Cote, Sharelle Bergeron and Melizanne Bergeron.

Melizanne Bergeron told reporters Tuesday in Trois-Rivières that she came across the information about the kidnapping on Facebook and showed the photo of the suspect to her friend Plante, who realized the woman was her neighbour.

She said they spotted the vehicle described in the alert parked outside the building, saw signs that someone was inside and called police. Officers, she added, arrived on the scene quickly and broke down the woman’s door.

THE CANADIAN PRESS

Twister tears through N.D. oilfield workers’ camp

A man walks past trailers on Tuesday in Watford City, N.D., that were destroyed by a tornado. Authorities say several people were injured and over a dozen trailers were damaged or destroyed Monday evening when the twister tore through a camp where oilfield workers stay.

JOSH WOOD/THE ASSOCIATED PRESS

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Obama's plan. 9,800 troops to remain after war ends in Afghanistan

President Barack Obama will seek to keep 9,800 U.S. troops in Afghanistan after the war formally ends later this year and then will withdraw most of those forces by 2016, senior administration officials said Tuesday.

Obama's decision is largely in line with what military commanders have been seeking and will allow the president to fully end the American-led military effort by the time he leaves office.

The two-year plan is contingent on the Afghan government signing a bilateral security agreement with the U.S. While current Afghan President Hamid Karzai has declined to sign the agreement, U.S. officials are confident that either of the candidates seeking to replace him would approve it.

The plan calls for the U.S. military to draw down from its current force of 32,000 to 9,800 by the start of next year. Those troops would be dispatched throughout Afghanistan and focus on counterterrorism missions and training Afghan security forces. THE ASSOCIATED PRESS

Bosnia

Floodwaters reveal human remains

Last week's record flooding in Bosnia has uncovered human remains experts believe belong to people who went missing during the country's 1992-95 war.

Lejla Cengic of Bosnia's Institute for Missing Persons said Tuesday that teams fixing power lines discovered the remains near the northern town of Doboj.

Nearly 30,000 people went missing during the Yugoslav wars of the 1990s. One-third of them have been found in mass graves, mostly in Bosnia. THE ASSOCIATED PRESS

Pregnant woman stoned to death by her family

'Honour killing.' 20 family members attack woman, husband with bricks and batons outside high court

A pregnant woman was stoned to death by her own family in front of a Pakistani high court on Tuesday for marrying the man she loved.

Nearly 20 members of the woman's family, including her father and brothers, attacked her and her husband with batons and bricks in broad daylight before a crowd of onlookers in front of the high court of Lahore, police investigator Rana Mujahid said.

Hundreds of women are murdered every year in Muslim-majority Pakistan in so-called "honour killings" carried out by husbands or relatives as a punishment for alleged adultery or other illicit sexual behaviour, but public stoning is extremely rare.

Mujahid said the woman's father has been arrested for murder.

Another police officer, Naseem Butt, identified the slain woman as Farzana Parveen, 25, and said she had married Mohammad Iqbal against her family's wishes.

Her father, Mohammad Azeem, had filed an abduction case against Iqbal, which the couple was contesting, her lawyer Mustafa Kharal said.

He confirmed that she was three months' pregnant.

Parveen's relatives had waited outside the court, which is located on a main downtown thoroughfare.

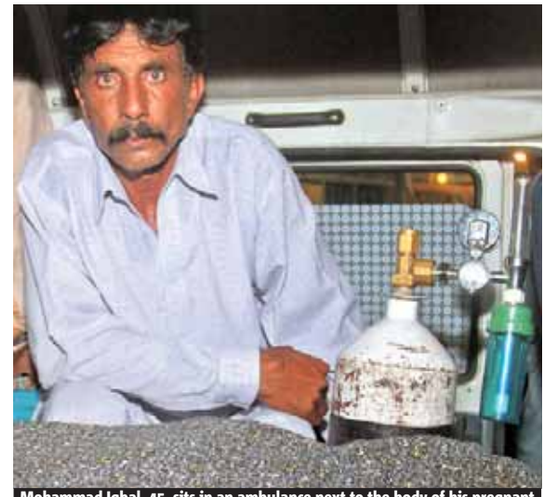
As the couple walked up to the main gate, the family members fired shots in the air and tried to snatch her from Iqbal, her lawyer said.

When she resisted, her father, brothers and other relatives started beating her, eventually pelting her with bricks from a nearby construction site, Iqbal said. THE ASSOCIATED PRESS

Quoted

"We were in love."

Mohammad Iqbal, husband of Farzana Parveen



Mohammad Iqbal, 45, sits in an ambulance next to the body of his pregnant wife, Farzana Parveen, 25. K.M. CHAUDARY/THE ASSOCIATED PRESS

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Retired cop opens Winnipeg's first marijuana café

'Peaceful place.'
Vapes on Main offers space for medicinal pot users to medicate

SHANE GIBSON
Metro in Winnipeg

Bill Vandergraaf
SHANE GIBSON/METRO IN WINNIPEG

A former Winnipeg police officer who's advocated the legalization of drugs since hanging up the badge has opened that city's first marijuana café.

Bill Vandergraaf told Metro he wants to give medicinal marijuana users like himself a "peaceful place" to meet, smoke and exchange ideas.

"It has great medicinal value for all kinds of ailments, and it's time to stop criminalizing people," explained the 29-year veteran of the Winnipeg Police Service, who opened Vapes on Main two weeks ago.

"It's time to make our streets safer by ending prohibition of marijuana."

Vandergraaf retired from policing in 2001 and said he's been using medical marijuana since 2007 to combat the depression, anxiety and alcoholism he picked up during the job.

Vapes on Main does not allow other drugs or alcohol on site, nor does it sell marijuana or drug paraphernalia.

Only those over 18 with a prescription are allowed to smoke inside, but the doors are also open for anyone looking for information about medical marijuana or those who want to debate the war on drugs with a man who's been on both sides.

"We would like to educate people as well," said Vandergraaf, who is not worried about getting shut down by his former employer. "Police are welcome to come in too."

Young achievers humble U.S. president

U.S. President Barack Obama checks out projects by young inventors displayed at the 2014 White House Science Fair in Washington on Tuesday. Peyton Robertson, a 12-year-old from Ft. Lauderdale, Fla., wowed Obama with two inventions: "sandless" flood retention sandbags and retractable bicycle wheels. Obama, a Harvard-trained lawyer, confessed to feeling like "such an underachiever" as he celebrated student winners of a broad range of science, technology, engineering and math (STEM) competitions from across the country. They included Eric Chen, a high school senior who identified new drug candidates for the treatment of influenza, the creator of a catapult-armed mannequin who shot three-point baskets, an 18-year-old cancer researcher and the second-grade Girl Scouts who designed a Lego "flood-proof" bridge. SUSAN WALSH/THE ASSOCIATED PRESS

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Executive pay

Here are the three highest-paid CEOs of 2013, as calculated by The Associated Press and Equilar, an executive pay research firm:

1 **Anthony Petrello**, Nabors Industries, $68.2 million US, up 246 per cent

2 **Leslie Moonves**, CBS, $65.6 million, up nine per cent

3 **Richard Adkerson**, Freeport-McMoRan Copper & Gold, $55.3 million, up 294 per cent

Market Minute

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Natural gas: $4.50 US (+$0.10)
Dow Jones: 16,675.50 (+69.23)

A rite of spring to bring some good fortune

Shinto priests in ritual clothing perform a ceremonial rite for an annual festival at the Hanazono Shinto Shrine in Tokyo on Saturday. The shrine is famous for business fortune and good health.

EUGENE HOSHIKO/THE ASSOCIATED PRESS

Two new safety rules slapped on Keystone XL

Canada-to-Texas. After news of defects, extra safety conditions were added on construction of oil pipeline project

Safety regulators have quietly placed two extra conditions on construction of TransCanada Corp.'s Keystone XL oil pipeline after learning of potentially dangerous construction defects involving the southern leg of the Canada-to-Texas project.

The defects — high rates of bad welds, dented pipe and damaged pipeline coating — have been fixed. But the federal Pipeline and Hazardous Materials Safety Administration wants to make sure similar problems don't occur during construction of the pipeline's controversial northern segment, which is on hold pending a decision by the Obama administration.

One condition requires TransCanada to hire a third-party contractor chosen by the pipeline safety agency to monitor the construction and make reports to the U.S. government on whether the work is sound.

The second requires TransCanada to adopt a quality management program to ensure "this pipeline is — from the beginning — built to the highest standards by both Keystone personnel and its many contractors." THE ASSOCIATED PRESS

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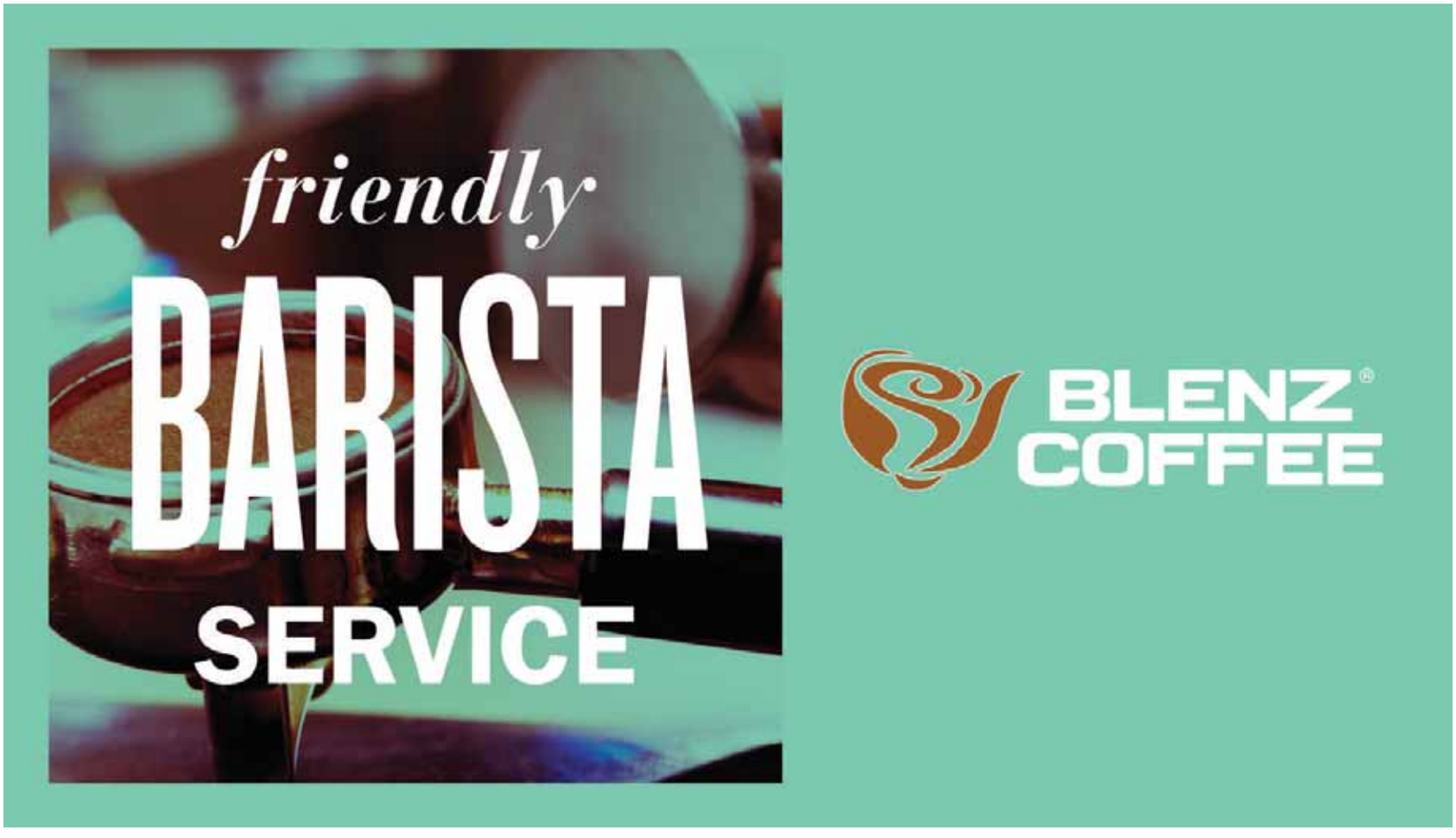


WORKPLACE GIVERS GET ALL THE LOVE

JUST SAYIN'

Paul Sullivan
metronews.ca

Never mind butcher, baker or candlestick maker.

The people who float your workplace boat these days are takers, matchers and givers, according to a rising star in workaday psychology, Adam Grant, the youngest full professor at the Wharton School.

This guy is only 32, but he's already figured out how to navigate the concrete jungle and has written a New York Times bestseller about it, called, naturally, Give and Take. He's also the subject of a recent article in Slate.

Even though Grant has the fast-track record we usually associate with a taker — those Gordon-Gecko-greed-is-good types so familiar in the mythology of corporate America — he tries to be a giver, not just because his research shows that nice guys (and girls) can finish first.

Givers are defined by the fact that they will take care of other people with no expectation of reward. They do it precisely because they are selfless. So you can't game the give.

Most of us are matchers in the middle — I'll scratch your back with the understanding that you, at some point very soon, will scratch mine. Other people respect the matcher ethos, but no one actually loves a matcher, unless it's the matcher's mother, who is, by nature, a giver.

All the love is reserved for givers. Givers sow the seeds of harmony wherever they go. People want to work with them because they trust them ... and know they'll share the glory and take the blame.

Do you know anybody like that? If you do, you probably follow them around with big puppy eyes.

Takers are toxic. Grant says it's a good idea to keep a wooden stake, silver bullet and string of garlic handy to ward them off. Well, he doesn't put it in precisely those terms, but he does say that the negative impact of a taker can be three times that of the positive impact of a giver.

They suck the lifeblood out of an organization.

There is an easy way to spot a taker and it's not only because he or she doesn't drink ... wine. "The main sign that someone's a taker is kissing up and kicking down," he writes.

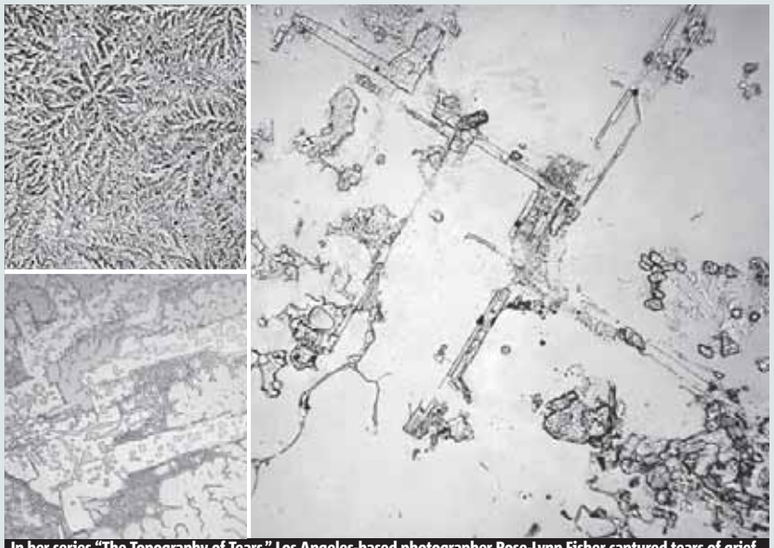
Just because you're a giver doesn't mean you put a Kick Me sign on your back before you go to work in the morning. Winning givers don't allow themselves to be kicked or stepped on; they don't overdo the giving to the detriment of their own work, and they give on a smartly scheduled basis as opposed to on impulse or whim.

Whatever you think (stop rolling your eyes), I think it's good to have permission to be a nice person. It's ironic to discover that while we've spent our lives learning to eat other dogs, happiness is a warm puppy.

And if you're a little bit good at being good, the rewards will come in your lifetime. Good dog!

ZOOM

Art that's worth crying over



In her series "The Topography of Tears," Los Angeles-based photographer Rose-Lynn Fisher captured tears of grief, pictured right, tears of remembrance, bottom left, and tears from an onion, top left. COURTESY ROSE-LYNN FISHER

Q&A

'Aerial view of my emotions'

ROSE-LYNN FISHER
Artist-photographer based in Los Angeles

What inspired you to turn human tears into art?

One day I was crying but stopped and wondered if my tears of grief would look any different from tears of happiness. When I magnified them on a microscope, what I saw evoked a sense of place, like an aerial view of my emotional terrain. I was so intrigued by this that I started a project, which now comprises 100 of my own and others' tears.

How did you go about photographing the tears?

I collect a tear, put it onto a glass slide and view it through a standard microscope, magnified 10 to 40 times. After the tear sample has been either air-dried or covered, I photograph it using a digital microscopy camera.

They do look like strange landscapes.

Exactly. I marvel at the visual similarities between the microscopic world and the macro world of landscapes. Patterns of erosion etched into the earth over millions of years can look like the branched crystalline patterns of an evaporated tear that formed in less than a minute.

Q&A BY ANTHONY JOHNSTON/MWN

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In this issue, you can find AR enhancements on pages 15 and 16 in Scene, page 19 in Life and page 24 in Sports

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Worth mentioning. USDA projects to help protect soil, water quality

The U.S. Department of Agriculture is teaming with businesses, non-profits and others on a five-year, $2.4-billion program that will fund locally designed soil and water conservation projects nationwide, Secretary Tom Vilsack said Tuesday.

Authorized by the new farm law enacted earlier this year, the Regional Conservation Partnership Program is intended to involve the private sector more directly in planning and funding environmental protection initiatives tied to agriculture.

He described the projects to be funded as "clean water startup operations" that will benefit communities and watersheds, a departure from the department's more traditional approach of focusing on individual operators adopting practices such as no-till cultivation or planting buffer strips to prevent runoff into streams.

Quoted

"It's a new approach to conservation that is really going to encourage people to think in very innovative and creative ways."

Secretary Tom Vilsack

Universities, local and tribal governments, companies and sporting groups are among those eligible to devise plans and seek grants.

"By establishing new public-private partnerships, we can have an impact that's well beyond what the federal government could accomplish on its own," Vilsack said. "These efforts keep our land resilient and water clean, and promote tremendous economic growth in agriculture, construction, tourism and outdoor recreation and other industries."

In addition to protecting the environment, the projects will bolster the rural economy by supporting tourism and outdoor recreation jobs while avoiding pollution that would cost more to clean up, he said.

The USDA will spend $1.2 billion — including $400 million the first year — and raise an equal amount from participants. Successful applications will include offers of cash, labour or other contributions, as well as plans for achieving measurable solutions and using new approaches, said Jason Weller, chief of the Natural Resources Conservation Service. THE ASSOCIATED PRESS

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Disney has its wicked ways

Bold child's play

Jolie all in as villain

Angelina Jolie taking on the title role in Maleficent, telling the story of Sleeping Beauty from the villain's perspective, might have seemed like a no-brainer, but Jolie herself had her doubts. "I was so challenged by it. For me as an actress to do something where I'm not taking myself so seriously or doing it for myself or doing it for art — just to remember what it is to play and entertain and try something bold," she says.

But once she had the horns and the headdress and the augmented cheekbones and nose in place, she just went with it. "There's no halfway. If you're going to do it, you can't just kind of do it. You have to go fully into it and enjoy it," she says. "The original was done so well and her voice was so great. The way she was animated was so perfect. If anything, I was worried I'd fail the original. I practised a lot with my children. When I got them laughing, I figured I was on to something — well, they laughed, they cried." NED EHRBAR/MWN IN HOLLYWOOD

It's not all Mouse ears. Disney horns in on the dark side of fairy tales from Fantasia to Maleficent

IN FOCUS
Richard Crouse
scene@metronews.ca

Hear the name Disney, and your first thoughts are likely about Mickey Mouse ears, Mary Poppins or the song Let it Go. Uplifting notions born from a company that brags it owns the Happiest Place on Earth.

But for all the cheery feelings the Mouse House has given us over the years, Disney villains have also inspired a nightmare or two.

This weekend, Maleficent creeps into theatres. Starring Angelina Jolie, it is the story of how the Sleeping Beauty villainess became evil after being betrayed by a child. With plumped up cheekbones and headgear with demonic horns, Jolie looks like something from a hellish Hieronymus Bosch painting.

"She isn't the pretty princess," says the actress. "She isn't a beautiful queen. She's a very awkward, pointy, slightly scary-looking horned creature who goes through a lot in her life."

Maleficent joins a long list of dastardly Disney villains to inspire sleepless nights.

Angelina Jolie with her daughter Vivienne in a scene from Maleficent. FRANK CONNOR/DISNEY/THE ASSOCIATED PRESS

Scar

In The Lion King, Scar (voice of Jeremy Irons) is the brother of the king, Mufasa (James Earl Jones). In a Shakespearean twist, Scar murders his brother and banishes his nephew to gain control of Pride Rock.

Most evil line? "Long live the King." — Scar to Mufasa before killing him.

Cruella De Vil

In the 1961 animated film and the 1996 live-action film, 101 Dalmatians, Cruella De Vil (voice of Betty Lou Gerson in the cartoon, Glenn Close in the flesh) is a diabolical fashionista who wants to incorporate puppy pelts into her wardrobe.

Most evil line? "Darling, I live for fur. I worship fur!"

Chernabog

Hands down, the scariest vision in any Disney film has to be Chernabog, the winged demon who briefly appears in the Night on Bald Mountain sequence of Fantasia. He is the essence of evil and according to Villians Wiki, his hobby is bringing the dead back to life so he can kill them again. Discussing the character in an interview, Walt Disney referred to him as Satan.

Most evil line? Chernabog doesn't have any lines. When you're this bad, you don't need dialogue.

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See that symbol? It means you can scan this image with your Metro News app to see Darcy Oake's disappearing act.

Come on, how'd you do that?

Winnipeg magician Darcy Oake may have vanished on a British talent show Monday night, but his act has secured him an appearance in the final round. Oake began his performance on Britain's Got Talent sitting on a chair perched on a podium and draped in a sheet. Moments later the sheet was removed and Oake was gone — but he reappeared dressed as a cameraman filming the illusion. The 26-year-old will compete in the final round, airing June 7. THE CANADIAN PRESS

Brown University. Emma Watson escorted by armed undercover guard at grad

Emma Watson had an armed guard with her during graduation ceremonies at Brown University, and a university spokesman says he is unable to answer questions about why.

The 24-year-old British actress best known for her role as Hermione Granger in the Harry Potter movies was one of more than 2,000 students to get her degree from the Ivy League university in Providence on Sunday.

She was photographed sitting and walking next to a woman who was wearing a cap and gown. The same woman, who was older than Watson and her fellow graduates, was later seen escorting Watson without a cap and gown and with a holstered weapon, a badge and other equipment.

When asked if the woman was a campus police officer and why the guard was necessary, Brown spokesman Mark Nickel said on Tuesday he was "not able to help."

Watson began her studies at Brown in 2009, the same year she was named the highest-grossing actress of the decade by the Guinness Book of World Records. She earned a degree in English literature.

An email to Watson's representative wasn't immediately returned. THE ASSOCIATED PRESS

Actress Emma Watson, right, during commencement services at Brown University on Sunday. The woman to her left was later seen wearing a badge and with a handgun visible at her side . THE ASSOCIATED PRESS

Fantastic Beasts

Alfonso Cuarón not in talks for Potter spinoff

Putting an end to rumours that he might helm Fantastic Beasts and Where to Find Them, the director behind Gravity announced he does not plan to return to the set in the near future.

"My near-term plans over the coming months are to take my kids to school and plan what I'm going to do this summer with them," Alfonso Cuarón explained to the international newswire EFE.

A decade ago, Cuarón helmed Harry Potter and the Prisoner of Azkaban, the third movie in the franchise. It remains to be seen who will be in the director's chair for the first spinoff of the Harry Potter series. AFP

Alfonso Cuarón. AFP

Reality TV

TV producers seek teens who party like rock stars

A television producer is seeking teenagers as young as 13 who like to make their own rules to participate in a new reality television series, My Teen Life.

A Los Angeles-based casting company, Metal Flowers Media, placed a notice about the series in Backstage, a publication widely followed by entertainment professionals for job leads.

The company said producers of The Real Housewives of New York City are looking for boys and girls ages 13 to 18 to cast.

"Parents, teachers and the haters are always in your business, but it's your life and you live it how you want to," the Backstage ad said. "If you're a modern-day teenage rebel with a hardcore lifestyle, we want to hear your story." THE ASSOCIATED PRESS

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‘Bizarre and confusing’: That’s Owen’s new disc

In Conflict. Pallett confesses that even he’s mystified by the contents of his aptly named album

Quoted

“It’s not an experience I typically have when I listen to my music. I’m usually thinking: ‘Good work.’ Now I’m kind of like, ‘Oh my God, it’s so crazy.’”

Owen Pallett, musician
on listening to his new record, In Conflict

Oft-awarded Canadian musician Owen Pallett recently hit pageview pay dirt with intelligent online magazine pieces analyzing the anatomy of such pop hits as Katy Perry’s Teenage Dream and Daft Punk’s Get Lucky from a trained musician’s perspective.

Don’t ask him to do the same with his own latest record, the oblique In Conflict, out this week.

Even he’s mystified by the first collection of new material he’s put out in four years.

“I’ll be honest with you, this is the most confusing record that I’ve made,” the Toronto native once known as Final Fantasy said in a recent telephone interview. “It’s completely bizarre and confusing for me to listen to. I have no idea what it is. The minute I finished (2010’s) Heartland, I could put it on. I can still put it on today and be like: ‘Good record, thumbs up.’

“But I put on In Conflict, and I don’t know if it’s any good, but it certainly makes me feel things that I’ve never (felt). It’s not an experience I typically have when I listen to my music. I’m usually thinking: ‘Good work.’

“Now I’m kind of like, ‘Oh my God, it’s so crazy.’”

Well, craziness happens to be one of the main themes of Pallett’s elliptical latest. He’s careful to point out that he’s not speaking in clinical terms, but using “crazy” in the colloquial sense. He’s writing about the neurotic, obsessive and unstable elements that characterize — in his estimation — many creative people.

As usual with Pallett’s work, the lyrics are occasionally inscrutable and obfuscate any autobiography in layers of allegory and clever language.

“I like to joke sometimes that I majored in music composition and I minored in axe murdering,” said the Polaris Music Prize winner with a laugh.

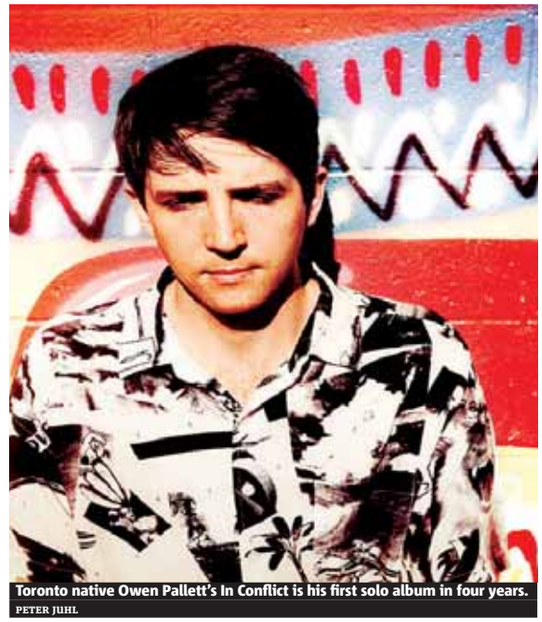
“It’s the product of recognizing a lot of tendencies within my own mental activity towards what would be described as ‘not sane’ ... But so much of that is linked to my creativity and to the thing that puts food on the table.

“I’m finding myself more and more drawn toward crazy people,” he added. “The people who run the world are the people who have that level of obsession that they’re going to stay up all night finishing that computer program, or whatever ... People don’t understand that the people who make this (stuff), they’re completely nuts.”

And the knotty In Conflict does reflect a certain fastidious fanaticism. Though on some level Pallett’s schedule was even more fragmented than usual — given his commitments to the Arcade Fire (he’s a touring member) and other pursuits (penning the score to Spike Jonze’s Her, for which he and Arcade Fire’s Will Butler earned an Oscar nomination) — he devoted whatever spare time he could cleave to his solo work.

And in a coup that still elicits a charge from his voice, he recruited the massively influential electronic music pioneer Brian Eno to add winsome backup vocals, not his legendary production touch.

“I don’t know what it would be like working with him in a production capacity, but probably pretty weird — I’m a control freak,” Pallett deadpanned. **THE CANADIAN PRESS**



Toronto native Owen Pallett’s In Conflict is his first solo album in four years.
PETER JUHL

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Macaulay's 'pizza band' too cheesy for British audience

Macaulay Culkin

It was a Blues Brothers moment for actor Macaulay Culkin and his band Pizza Underground on Sunday at the Dot to Dot Festival in Nottingham, England, when fans turned on the comedy cover group by booing them and even throwing beer onstage.

Unfortunately, Mac couldn't turn it around with a pizza-themed version of Rawhide to get the crowd going; the Home Alone star and the rest of Pizza Underground allegedly walked off stage smelling like booze after only three songs — but not before they performed a cover of Lou Reed's Perfect Day, calling it Pizza Day.

Culkin's band covers Velvet Underground and Lou Reed songs but changes the lyrics around to be about pizza.

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METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Manhattan's got a friend in David Schwimmer

MELINDA TAUB
Metro World News in New York City

David Schwimmer is one of the Friends I'd vaguely lost track of since the series came to an end. Is he the one playing an aging sitcom star on cable? No, that's Lisa Kudrow. Is he the one who's totally over Brad Pitt? That's Jennifer Aniston. Oh, now I remember. David Schwimmer is the one who battles crime.

Well, he fought for justice this week at least. Police were investigating an altercation between a suspected male prostitute, his john, and a third man that broke out at 5:40 a.m. on East Sixth Street in Manhattan's East Village, where the sitcom star owns a brownstone.

The 26-year-old john was taken to Bellevue Hospital with stab wounds on his face, while the 21-year-old alleged prostitute was treated for slashes on his arm. Police had only one man's word against the other's until they realized that security cameras outside Schwimmer's home had caught footage of the altercation, according to the New York Post. Schwimmer gave the NYPD the tape, which might be used in court.

Schwimmer bought his brownstone for $4 million US in 2012, and he's been heavily renovating it ever since, to the consternation of his neighbours. However, this incident might convince the other Sixth Street residents that good Friends make good neighbours after all.

Harry Styles

Kendall just can't get over Harry Styles

Well, this is awkward. While Harry Styles and Kendall Jenner's brief romance has been over for months, Jenner reportedly "just can't get him out of her head" and hasn't stopped calling the One Direction star "despite their romance fizzing out months ago," according to Star magazine.

"Now Kendall desperately wants him back. She loved the attention dating Harry gave her, plus she really fell for him big time," a source says. "Kendall really opened up to him and he did nothing but use her. That hasn't stopped her from dreaming of a rematch, and after a night out with the girls she'll come home and start calling him. Harry rarely takes her calls because he knows when he's pushed his luck when it comes to a woman's heart and Kendall's got it bad for him. He doesn't want to encourage her, but it's turning into an embarrassing situation — for both of them."

Rachel Bilson shows off her baby bump

Rachel Bilson isn't hiding the fact that she and longtime boyfriend Hayden Christensen are expecting. The couple headed to Barbados for a quick vacation, with Bilson showing off her growing baby bump in a black bikini, according to Us Weekly. "They've talked about this for a while and are so excited," a source tells the magazine. "Everyone is beyond thrilled for them."

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Where the buffalo roam

Yellowstone. This massive, famed park stretches across three states — you need a plan to see it all

Old Faithful likely comes to mind when you think of Yellowstone National Park. And it's certainly worth seeing, along with other geysers. But the geysers are just the start of what Yellowstone offers: hiking, biking, camping, fishing, wildlife-spotting and more. Yellowstone National Park covers 8,992 square kilometres over three states — Wyoming, Idaho and Montana. With stops along the way, it can take two full days to drive the 230-kilometre Grand Loop.

Geysers

Most of the park's easily accessible and most famous geysers are concentrated along a 50-kilometre drive in the middle of the park, from West Thumb, Wyo. to Madison Junction, Wyo. and can be seen in a half-day. Park visitor centres can provide predicted eruption times for about a half-dozen geysers. Some predictions are in windows of several hours, so you'll likely spend some time waiting. Old Faithful erupts every 60 to 90 minutes.

Hikes

The Divide hike is about 5.6 kilometres round trip and takes you to the Continental Divide, the line where water flows toward the Atlantic from one side and toward the Pacific from the other. There's no sign or any other marker at the top, so you'll have to use your imagination. The park rates the hike as moderately strenuous, given the climb of about 225 metres. Mystic Falls is more scenic. The start of the trail is close to the Biscuit Basin cluster of geysers, so you can get geysers and a hike both out of the way with one stop.

Give yourself at least two hours for the drive from the geysers to Mount Washburn. The trail to the top is well-maintained, but the hike isn't for those out of shape: You'll climb some 427 metres to an elevation of 3,122 metres. There are two ways up: The longer route, from Dunraven Pass, is about five kilometres each way, but it's less steep than the Chittenden Road option. Take the same route down; the parking lots for each trailhead are 10 kilometres apart. In the distance, you can glimpse Yellowstone's version of Grand Canyon, a gorge formed by the Yellowstone River. There's a fire lookout tower with an observation deck at the top.

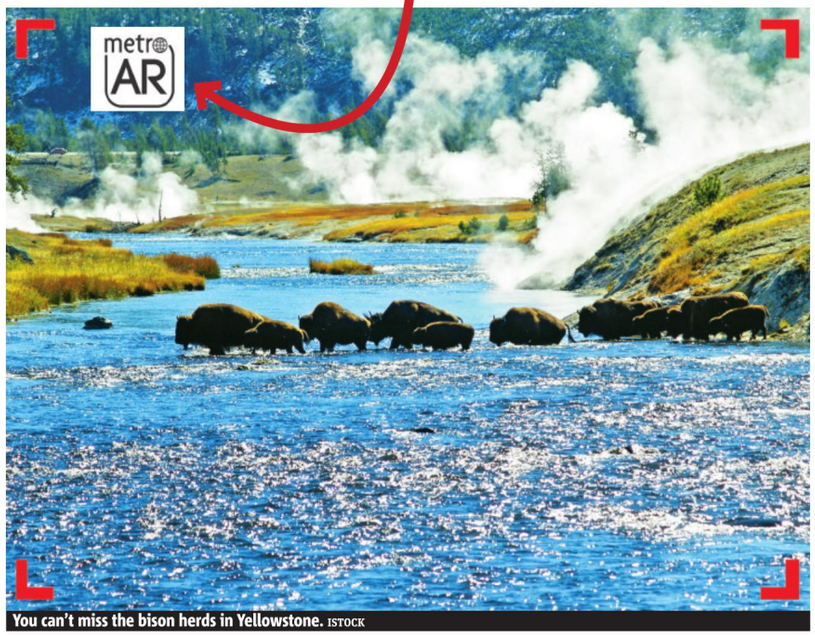
Wildlife and driving

Yellowstone is home to bison, moose, elk, bighorn sheep, wolves and grizzly bears. If you're looking to see a certain type of animal, ask at visitor centres where to go and the best time of day. Cars stopped or parked haphazardly along a road usually means there's something worth seeing. You can't miss the bison herds, but for other creatures, you may need binoculars.

Getting there and lodging

The bulk of the park is in northwest Wyoming and has five entrances. The drive from the entrances to the main loop is long, so plan your access point and lodging carefully. There are nine lodges inside the park; consider switching hotels each night to be closer to another part of the park the next morning.

THE ASSOCIATED PRESS



You can't miss the bison herds in Yellowstone. ISTOCK

The Grand Prismatic Spring in Yellowstone National Park.
JIM PEACO/YELLOWSTONE NATIONAL PARK (FLICKR: YELLOWSTONENPS)

Grab a can of tuna and go green

This recipe makes six servings. EMILY RICHARDS

Tuna and Bean Spinach Salad. Fish gives you protein, the beans offer up a dose of fibre, and spinach is packed with nutrients

DINNER EXPRESS
Emily Richards
food@metronews.ca

Sometimes the comfort of salad fits the bill for a quick dinner — especially when you can make it in about 10 minutes!

Looking for a new salad for the summer weekends or weeknight meals? This one has fresh lemon flavour and crunch from the spinach. Pack the tuna mixture separately and then toss it when you need it if you are packing it for lunch or to take away to a friend's. That means you can get your family members the nutrients they need without any effort.

FLASH FOOD

From your fridge to your table in 30 minutes or less

Ingredients

- 2 cans (6 oz/170 g) light tuna in water, drained
- 1 can (19 oz/540 ml) white kidney beans, drained and rinsed
- 1/3 cup (75 ml) finely diced red onion
- 1/2 tsp (2 ml) grated lemon rind
- 2 tbsp (25 ml) lemon juice
- 2 tbsp (25 ml) vegetable or chicken broth
- 2 tsp (10 ml) extra virgin olive oil
- 1/4 tsp (1 ml) freshly ground black pepper
- 8 cups (2 l) lightly packed baby spinach leaves

1. In a large bowl, stir together tuna, beans and red onion. Add lemon rind, juice, broth, oil and pepper; stir until well coated. Stir in spinach and toss until leaves are coated. Divide among 6 plates to serve.

Cooking tips

- This is a great combination for two people to prepare in the kitchen. Make work fun when you have company and speed up the process even more. Whether you are a couple or a family, preparing meals together is quality time during which you can share your day's events and wind down. As the saying goes, home is where the heart is, and luckily also where a kitchen awaits with the aromas and flavours of delicious food to be enjoyed with friends and family!

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Colour your soup bowl

This recipe serves four to six people. EMILY RICHARDS

This Ginger Chicken and Orzo Soup soup is a perfect start to springtime. Colourful and easy to enjoy to start a meal or on its own with a crisp salad and a whole grain bun.

Ingredients

- 1 lb (454 g) boneless skinless chicken breasts
- 1 tbsp (15 ml) minced fresh ginger
- 1 tbsp (15 ml) chopped fresh parsley
- 2 cloves garlic, minced
- Pinch freshly ground black pepper
- 2 tsp (10 ml) canola oil
- 1 red bell pepper, chopped
- 1 box (900 ml) sodium reduced chicken broth
- 3/4 cup (175 ml) whole wheat or regular orzo pasta
- 1 cup (250 mL) chopped fresh asparagus

1. Using chef's knife, cut chicken into bite size pieces and place in bowl. Add ginger, parsley, garlic and pepper and toss to coat well.

2. In soup pot or saucepan, heat oil over medium high heat and cook chicken mixture, stirring constantly for 5 minutes. Stir in red pepper to combine.

3. Add broth and bring to boil. Add orzo and asparagus. Simmer 8 minutes or until orzo is tender and chicken is no longer pink inside.

EMILY RICHARDS

It's college graduation season, which means that celebrities are donning their caps and gowns to deliver words of wisdom to the Class of 2014. We've compiled some of the best advice from this year's celebrity commencement speeches.

LAKSHMI GANDHI
Metro World News

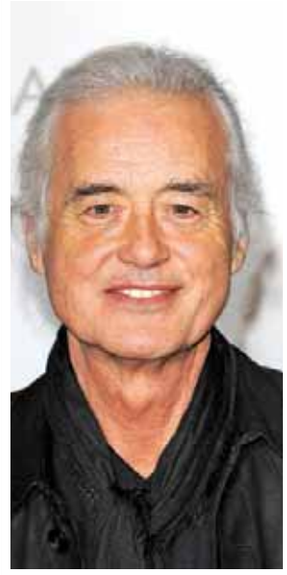
Grad advice from 5 celeb speakers

Puff Daddy

The rapper spent two years studying business at Washington, D.C.'s Howard University before dropping out. He returned to campus this spring to receive an honorary doctorate. "Howard University didn't just change my life — it entered my soul, my heart, my being and my spirit. Nobody is going to invite you to the front of the line, you got to push your way to the front of the line," he told graduates according to the New York Daily News.

Jimmy Page

Addressing graduates at Boston's Berklee College of Music, the former Led Zeppelin guitarist reflected on his musical journey. "I'm sort of self-taught," USA Today reports he told them. "I learned from records and trying to interpret playing my guitar heroes from there. Along the way, I became a session musician. ... I had to go in and have enough discipline to play — because, boy, if you made mistakes, you wouldn't be seen again."



George Stephanopolous

The Good Morning America anchor urged Franklin & Marshall College graduates to not let fears about the economy or the job market stand in the way of their dreams. "Try not to let the search for security stop you from doing work that stirs you up, the kind of work you think about even when you're off the clock, the kind of work that you would do even if you weren't paid," Stephanopolous told the audience.

Sheryl Sandberg

The Lean In: Women, Work, and the Will to Lead author's address at the City Colleges of Chicago stressed the importance of ambition and developing strong leadership skills. "Don't lean back ... lean in. The fact that you made this dream come true means you should be more ambitious," Facebook's Chief Operating Officer said. "This is only a start. Dream bigger — both for yourself and the world around you."

Jay Leno

The recently retired Tonight Show host was among the celebs who returned to his alma mater to deliver his commencement speech. He gave Emerson College graduates a speech about working in show business, stressing the importance of hard work and dedication to one's craft. "Work hard," the comedian famed for his work ethic urged the class of 2014. "Remember, anybody can have a life. Careers are hard to come by."

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WE'RE OUT THERE. JOIN US.

There's no place like home: Workers would rather telecommute than move

Staying on task while staying put. As more employees opt to work remotely, we consider how to do your best from your own nest

SIDNEYEVE MATRIX
TalentEgg.ca

If you're a student, a recent grad, or an entrepreneurial startup type, chances are you're well-versed in working from home, at the library, and in various cafés around town.

In a new study conducted by Ipsos Reid on behalf of the Canadian Employee Relocation Council, researchers found that when it comes to the Canadian employment mobility landscape, more than half of those (55 per cent) who are currently employed would not relocate for a job under any circumstance.

Ask those who consider themselves under-employed and the percentage jumps to 6.5 out of 10. That still leaves a considerable percentage of workers who would greatly prefer to stay put, all things considered.

Recognize what period of your day requires you to have no distractions, and take steps to secure some silence. ISTOCK

Remote (but tethered) workdays

Considering these figures, more employees and their companies may need to consider telecommuting options and using mobile technology and broadband connections to enable distributed (rather than co-located) teams.

Good news, then, that research shows part-time and flexible work-from-home strategies, if properly implemented, can have a positive impact for both businesses and staff.

With funding from the National Institutes of Health and Centers for Disease Control and Prevention, sociologists at the University of Minnesota have published a study showing that increased flexibility at work results in wide-ranging benefits.

Those study participants who were allowed to modify when and where they worked experienced fewer family-work conflicts, achieved greater well-being due to a sense of schedule control, and developed a stronger more supportive relationship with their supervisors.

Set the scene for agile productivity

- When you're mobile and working out-of-home, an extra portable battery charger for tablets and phones is a lifesaver.

Before buying, read the fine print and user reviews to determine whether it will charge your gadget batteries once, twice, or 10 times.

- To work smarter on your smartphone, load it up with time-tracking, list-making, product-managing apps.
- If you're in charge of your own schedule, be sure to determine your optimal working hours, and set clear boundaries (including with family and friends) to protect your personal prime time.
- To manage distractions at home or out-and-about, the combination of a social site blocker and some noise-cancelling headphones will put and keep you in the zone.
- If you're lucky enough to have dedicated office space at home, protect your body from soreness, numbness or strain by doing a little research into economical and ergonomically correct office furnishings.
- For an added productivity boost, paint one wall green. "Seeing greens on surfaces has been linked to thinking creatively," advises design and environmental psychologist Sally Augustin.
- Not ready to paint your walls? Get an office plant instead, to add a touch of greenery to your space, and because research indicates that sharing your desk with foliage or flowers will make you feel happier, too.

I dream in green

"Seeing greens on surfaces has been linked to thinking creatively."

Sally Augustin
design and environmental psychologist

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Twitter

TalentEgg #Questionofthe-Day: Should you always ask questions before concluding a job interview?

@PwC_ca_campus
Always - demos interest in the role & their credibility. You know it's coming so prep for them!

@michellekj_
Always! Try to prep 4 questions that not only demo your interest in the role but people & workplace too.

@EDSPowell
It's definitely a good way to show engagement. Try for something more than "Where's the door?"

@QuestradeCareer
Yes! Ask questions to show your interest in both day-to-day & long-term aspects of the role & organization

@karemarr
Absolutely! Make sure your questions are thoughtful, show genuine interest & research

@amreenazam
Absolutely @TalentEgg! It is an opportunity to learn more about the firm & demonstrate your knowledge/interest. Treat it as a time to shine!

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Seeking success in spreading the word

Masters of making things known. Have you considered a career in content marketing?

SHAHEERAH KAYANI
TalentEgg.ca

As a content marketer, you get to use your creativity to create great content: everything from blogs and videos, to social media contests and infographics.
ISTOCK

With a growing amount of content online, content marketers are in demand now more than ever before.

Content marketing is all about providing valuable information or content to current and potential customers to build relationships, consumer trust, branding, and awareness.

According to HubSpot's 2013 State of Inbound Marketing Report, 60 per cent of firms are already using content marketing somewhere in their overall marketing strategy.

Here are four reasons why you should consider a career in content marketing:

Join a forward-thinking field

Content marketing is still pretty new and it is constantly changing.

Companies that use content marketing will see plenty of changes in both marketing methods and technologies in order to innovate new ways of executing content marketing. It's an exciting time to get on board as a content marketer.

Use your creative flair

Content marketing is all about finding new ways to market ideas and information.

The end goal? Connect to your audience to get traffic and leads.

Innovate and enjoy variety

Since content marketing is a dynamic field, you'll be able to bring new ideas to work every single day.

No matter where you go to work as a content marketer, you'll work on a variety of different topics — even if they share an overarching focus.

Connect with others and network

As a content marketer, you will need to know how to ask the right questions, find newsworthy stories and valuable marketing insights.

Whether it's online or in person, working in content marketing will connect you with a wide variety of people in your related industry. It's a great way to build your network.

Have you got the goods?

Do you need a specific degree or major to pursue a career in content marketing?

- Many of the skills required to work in content marketing are skills you can teach yourself with a little self-guided research.
- A degree background that lets you show off your writing and editing skills (journalism, English, etc.) can help you get started, but it's more important to show enthusiasm and a commitment to continual learning.

What skills do you need to succeed as a content marketer?

- Writing and editing skills
- Experience with content management software such as WordPress, Drupal and Blogger
- The ability to collaborate across departments and teams
- Previous marketing experience
- Knowledge and good understanding of sales and marketing structure
- Experience with search engine optimization tools such as link-building, Google AdWords and Google Analytics
- Skills in creating video content
- Tech-savvy and experience with all major social media platforms such as Facebook, Twitter, Polyvore, Pinterest, and Instagram

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Thursday, June 5, 12 p.m. – room 518	Downtown
Hair design	
Wednesday, May 28, 4:30 p.m. – room 201	Downtown
Medical transcriptionist	
Thursday, May 29, 4 p.m. – room 2213	Broadway
Jewellery art and design	
Friday, May 30, 1:30 p.m. – room 160	Downtown
Interior design	
Tuesday, June 3, 6:30 p.m. – room 415	Downtown
Drafting technician	
Thursday, June 5, 4 p.m. – room 718	Downtown
Fashion arts	
Thursday, June 5, 6 p.m. - room 161	Downtown
Baking and pastry arts	
Tuesday, June 10, 10:30 a.m. – room 216	Downtown
Music	
Tuesday, June 10, 4 p.m. – room 3228	Broadway

Downtown campus
located at 200-block Dunsmuir at Hamilton, two blocks west of Stadium SkyTrain station.

Broadway campus
located at 1155 East Broadway, one block west of Clark Drive, across from VCC/Clark SkyTrain station.

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Rookie Yordano Ventura's ability to throw 100 m.p.h.-plus fastballs has earned him the nickname "Ace" in Kansas City. Scan the image below to vote on what you think is the best sports nickname.

SPORTS 4

Rene Bourque celebrates one of his three goals on Tuesday night as Montreal stayed alive with a Game 5 win over the New York Rangers.
FRANCOIS LAPLANTE/FREESTYLEPHOTO/GETTY IMAGES

Habs still afloat after turbulent Game 5

NHL playoffs. Spotty goaltending on both ends makes for wild night as Montreal avoids elimination

Rene Bourque scored three goals as the Montreal Canadiens chased goalie Henrik Lundqvist and defeated the New York Rangers 7-4 on Tuesday to stave off elimination in the NHL Eastern Conference final.

Game 5

Canadiens	Rangers
7	4

The Rangers, who lead the series 3-2, will have another chance to book a trip to the Stanley Cup final in Game 6 on Thursday night in New York.

Alex Galchenyuk, Tomas Plekanec and Max Pacioretty also scored for Montreal, which outshot the Rangers 28-27

Derek Stepan, playing with a guard on his helmet to protect a broken jaw suffered from a Brandon Prust hit in Game 3, returned to the lineup to score twice for the Rangers. Chris Kreider had a goal and three assists and Rick Nash also scored.

At 10:41 of the third, Rangers defenceman John Moore was given a major penalty and was ejected for a blindside, open ice hit on Dale Weise that was almost identical to Prust's hit on Stepan.

It was a night of strange bounces and spotty goaltending. Lundqvist was pulled in favour of Cam Talbot after allowing four goals on 19 shots, while Dustin Tokarski stayed in despite allowing four on his first 14. THE CANADIAN PRESS

MLB

Jays muscle up for 8th straight win

The Blue Jays belted three homers and Mark Buehrle picked up his major-league-leading ninth win as Toronto extended its winning streak to eight games Tuesday with a 9-6 victory over the Tampa Bay Rays.

Adam Lind, Edwin Encarnacion and Juan Francisco homered for the Jays while Buehrle (9-1) allowed eight hits and three earned runs over 6 2/3 innings.
THE CANADIAN PRESS

MLB

Royals get good news from young pitcher's MRI exam

Royals pitcher Yordano Ventura will miss his next start after an MRI exam taken Tuesday on his sore right elbow showed no ligament damage.

The rising star was removed from Monday night's loss to Houston with discomfort in his elbow.

Ventura was diagnosed with a mild valgus extension overload, a condition in which the repetitive stress on the elbow can cause pain in the joint.
THE ASSOCIATED PRESS

Yordano Ventura GETTY IMAGES

Li Na upset in first round of French Open

Li Na returns a shot against Kristina Mladenovic at the French Open in Paris on Tuesday. CLIVE BRUNSKILL/GETTY IMAGES

Much to her dismay, Li Na is familiar with this feeling.

She earns a Grand Slam championship, is heralded at home, then shows up at subsequent major tournaments and seemingly forgets how to win.

It happened in 2011, after her French Open triumph made her China's first player with a Grand Slam singles title. Happened again Tuesday, when Li was seeded second at Roland Garros but lost to someone ranked 103rd in the first round, not quite four months removed from winning the Australian Open.

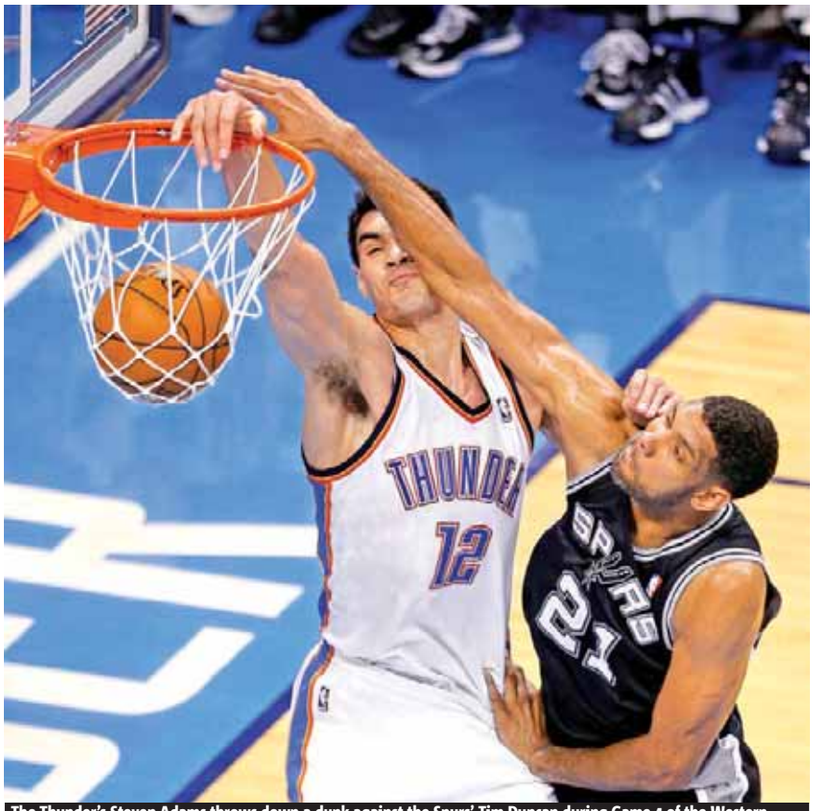
"I didn't follow the game plan," Li said. "Didn't have any idea how to play."

Canadians ousted

Aleksandra Wozniak and Sharon Fichman were defeated Tuesday in the French Open first round, leaving 18th seed Eugenie Bouchard as the last Canadian in the women's draw.

Her 7-5, 3-6, 6-1 exit against Kristina Mladenovic of France in front a partisan crowd on a cloudy, windy Day 3 came about 16 hours after the men's Australian Open champion, third-seeded Stan Wawrinka, was beaten in Paris — making this French Open already unlike any Grand Slam tournament in history.

It's the first time that the men's and women's singles champions from the previous major lost in the first round.
THE ASSOCIATED PRESS



The Thunder's Steven Adams throws down a dunk against the Spurs' Tim Duncan during Game 4 of the Western Conference final on Tuesday night in Oklahoma City. JOE ROBBINS/GETTY IMAGES

Spurs lose edge as Thunder roar back to tie series

NBA playoffs. Westbrook leads OKC with double-double of 40 points, 10 assists

Russell Westbrook had 40 points and 10 assists, and the Oklahoma City Thunder beat the San Antonio Spurs 105-92 on Tuesday night to tie the Western Conference final at two games apiece.

It matched the second-highest playoff point total of Westbrook's career, falling short of the 43 he scored in the 2012 NBA Finals. He also had five rebounds and five steals.

"I think I did all right. Coming out with a win is most important," Westbrook said in a post-game interview with TNT. "I just try to come out and give maximum effort. My teammates ask that of me and that's what I try to do on both ends of the floor."

Kevin Durant added 31 points on 11-for-22 shooting. It was his highest-scoring game of the series after the NBA's leading scorer was held to a 22.7-point average in the first three games. Serge Ibaka added nine points and eight rebounds for the Thunder, who have turned around the series since he returned from an injury that was expected to keep him out for the rest of the post-season.

Boris Diaw had 14 points and 10 rebounds, and Tony Parker added 14 points for the Spurs, who blew a 2-0 lead against the Thunder in this round two years ago and are in danger of doing it again.

Oklahoma City dominated for the second consecutive game after getting blown out in the first two. The Thunder committed just seven turnovers and shot 49 per cent from the field.

THE ASSOCIATED PRESS

Game 4

105	92
Thunder	Spurs

- Game 5 on Thursday will take place in San Antonio.

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2014 Kia Rondo

- **Type.** Four-door, front-wheel drive compact 5 or 7-passenger wagon
- **Engines (hp).** 2.0-litre inline four-cylinder with direct gasoline engine (164)
- **Transmissions.** Six-speed manual, six-speed automatic
- **Base price (incl. destination).** $23,460

Market position

Despite the popularity of larger crossover vehicles, these tall hatchbacks offer an excellent alternative for those who prefer a compact vehicle. The Rondo's features and quiet ride make it a standout in the category.

Points

- 5-year/100,000 km warranty covers almost everything on the Rondo, while wear items such as wiper blades and brake pads have 1-year/20,000 km coverage.
- Completely redesigned for 2013, the Rondo is currently offered in Canada, but no longer in the United States.
- Fuel consumption of 9.2 L/100 km city and 6.3 highway (with automatic transmission) is best among its direct competitors.

As a hatchback, the Rondo comes with a spacious back end.

Safety

Front, side, and curtain airbags; brake assist and distribution; hill assist control; vehicle stability control; rear view camera and parking sensors on EX trims.

Rondo is a great family choice

Review. The Kia Rondo is a smooth-riding option to accommodate the whole clan

JIL MCINTOSH
wheelbasemedia.com

PHOTOS: JIL MCINTOSH

I've always been fond of the so-called "tall wagon," a hatchback that combines the upright seating and practicality of a minivan or SUV, but with the compact footprint of a small car. The Kia Rondo fits the bill, in five-passenger seating, or with an optional third row for seven people.

There are three trim levels, and all use a 2.0-litre, four-cylinder engine that makes 164 horsepower, and 156 lb.-ft. of torque. The base LX trim starts at $21,795 and comes with a six-speed manual transmission, but it's there for price, not sportiness. Most buyers will opt for the smooth-shifting six-speed automatic, optional on the LX, and the only choice on the EX and EX Luxury trims.

The Rondo is spacious and comfortable, while the top-of-the-line seven-seat trim level includes such features as parking sensors, panoramic sunroof, and heated and cooled leather seats for $30,795, with navigation further available as an option.

It isn't the most fun-to-drive car on the market, but the ride is smooth, and it handles corners without feeling tippy despite its height. It's also confident and well-planted on the highway, and you can switch the electric power steering to feel lighter or more weighted, depending on your preference. It's also very quiet, thanks to a considerable amount of sound-deadening material, and visibility is excellent all the way around.

Kia put a lot of thought into the interior, with numerous little items to make life easier for families. The EX models have integrated rear-window sunshades, eliminating the need to use suction-cup versions to protect children from the sun, and there's a rechargeable flashlight in the cargo area. If you get the five-seat model, there's a large, covered storage bin under the cargo floor.

As with most tall wagons, it's easy to get in and out, especially for children or elderly passengers. The third-row's seats are nicely cushioned, but there's really only enough space for children.

Good-looking and thoughtfully engineered, the Rondo could well be a practical alternative to an SUV for many families.

Compare

1 Mazda5
Base price: $21,995
Rondo's closest competitor offers sportier handling, and seating for six.

2 Chevrolet Orlando
Base price: $20,195 Standard three rows and more powerful, but it's thirstier.

3 Dodge Journey
Base price: $21,495
Larger but still well-sized, and available with all-wheel drive.

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In every episode of Jerry Seinfeld's online show, Comedians In Cars Getting Coffee, he picks up a well-known comic in a classic car chosen to mesh with their personality. The series' strongest episodes are the ones where Jerry's automotive sommelier skills have managed to orchestrate the perfect pairing, and the selected set of wheels truly embodies his celeb guest's spirit.

MIKE DOJC
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5 Comedians in Cars Getting Coffee guest stars and their on-air wheels

Howard Stern
1969 Pontiac GTO Judge

The badass showy muscle car with hideaway headlights, a blacked out grille and a take-no-prisoners four barrel 370 hp V8 is a fitting chariot for the shock jock/America's Got Talent hotshot.

Its "All Rise" mentality suits the randy radio host to a tee; the only thing Seinfeld messed up was the colour. A starlight black version would have been a better fit than the vivid citrus orange, but at least it's got a black leather interior.

Louis C.K.
1959 Fiat Jolly

Jolly translates to "Joker" in Italian and you certainly need a sense of whimsy to take this doorless leisure buggy with wicker seats and a two-cylinder 22 hp engine for a spin. They were actually marketed as a glamorous golf cart or yachting shore rider for when in port.

The excruciatingly honest comedian who writes/acts/stars in FX's Louie can't help but take potshots at the car that is the same shade of orange as his goatee. After remarking that he can drag his knuckles on the street while they drive, he notes, "It's funny because people are right there, there's a bicyclist and my face is at his ass level." Schtick aside, C.K.'s ties to the Jolly go beyond colour matching: he is actually a yacht guy and he takes Seinfeld for a cruise on the Hudson River.

Jay Leno
1949 Porsche 356/2

One of the first production cars the company produced, this stunning Porsche was built using mostly Volkswagon parts. The aluminum body was hand-hammered in a sawmill in Gmünd, Austria and the interior came decked out with plush corduroy upholstery.

The rare classic is as regal as the ex-Tonight Show host's chin and only 52 were ever made. "I love it because to me it looks like a little alien flying saucer," Jerry quips, talking about the Porsche, not his passenger's plus-sized mandible.

Patton Oswalt
1981 DeLorean DMC-12

The DeLorean is the Dontrelle Willis of automobiles: It came out with a flash bang, but flamed out so fast you can't help but wonder what could have been. Known for its starring turn as the time machine in Back to the Future, the gull-wing doors and unpainted stainless steel body certainly looked the part.

Performance-wise though, it left a lot to be desired, and on the episode it barely leaves Oswalt's curb before breaking down with smoke billowing out of the engine echoing Oswalt's start and stall career. But the endearing and persevering comic who voiced Remy on Ratatouille is also an early tech adopter, saving the comedians' coffee run by hailing a ride with Uber.

Bob Einstein
1970 Mercedes 300SEL 6.3

The bold stroke of genius here was to take a massive, powerful, luxe limo engine, a V8 cranking out 300-hp, and figure out how to cram it into a much smaller and lighter S-class to turn it into a super sedan.

This is exactly the kind of shenanigan that Einstein's character Super Dave Osborne, the world's foremost faux daredevil, would pull if he were to engineer a car. Of course the end result would be that same engine falling through the subframe and bonking him on his head.

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Neptune is suggesting that now may be the perfect time to get the Metro News App

Is the new Metro News App in your future? It should be – especially if you want access to the Metro News features you love, including horoscopes, local news, sports, entertainment and much more.

11:33 AM
metro
Taurus
Apr 21 - May 21
TODAY'S HOROSCOPE
All things may be possible for you now but the planets warn you should be tying up loose ends rather than starting anything new. Are you prepared for what is to come? Get your act together, and keep your friends close.

Download the Metro News App today at metronews.ca/mobile

Horoscopes

♈ Aries
March 21 - April 20
Be as carefree as you please over the next 24 hours. No one will mind in the least. Not that you care what others think but it's nice to have fun without being called irresponsible.

♉ Taurus
April 21 - May 21
You must hold out for what it is you know you deserve. The planets indicate it will be your rivals who blink first, so look and act tough and be tough in your approach to negotiations.

♊ Gemini
May 22 - June 21
A new moon in your sign suggests whatever you start over the next 24 hours will work out well. Don't listen to those who say you should be cautious. It's your time to shine.

♋ Cancer
June 22 - July 23
Because today's new moon falls in the most sensitive area of your chart, your best course of action over the next 48 hours is to withdraw from the world for. Start planning for the coming 12 months. They'll be special.

♌ Leo
July 24 - Aug. 23
If you need advice of any sort today, don't be afraid to ask your friends. The current new moon means they will help in any way they can, but you need to ask them first. They won't just offer their opinions.

♍ Virgo
Aug. 24 - Sept. 23
A new moon in the career area of your chart will give you the courage to make necessary changes on the work front. It's your life, it's your career and it's your choice as to what you do with them both.

♎ Libra
Sept. 24 - Oct. 23
You have a lot to say for yourself and most of it is worth listening to, but be careful you don't say anything that might upset people whose support you are going to need.

♏ Scorpio
Oct. 24 - Nov. 22
If you have been thinking of ways to make money, now is the time to come to a decision about your strategy. What you start over the next few days will reap rich rewards during the second half of the year.

♐ Sagittarius
Nov. 23 - Dec. 21
It may be that your rivals have the advantage but what happens today and tomorrow will give you the courage, as well as the opportunity, to turn the tables on them.

♑ Capricorn
Dec. 22 - Jan. 20
Keep doing what you are doing and don't listen to those who say you should be doing something else. The more they try to pick holes in your plans, the more certain you can be that you're on the right track.

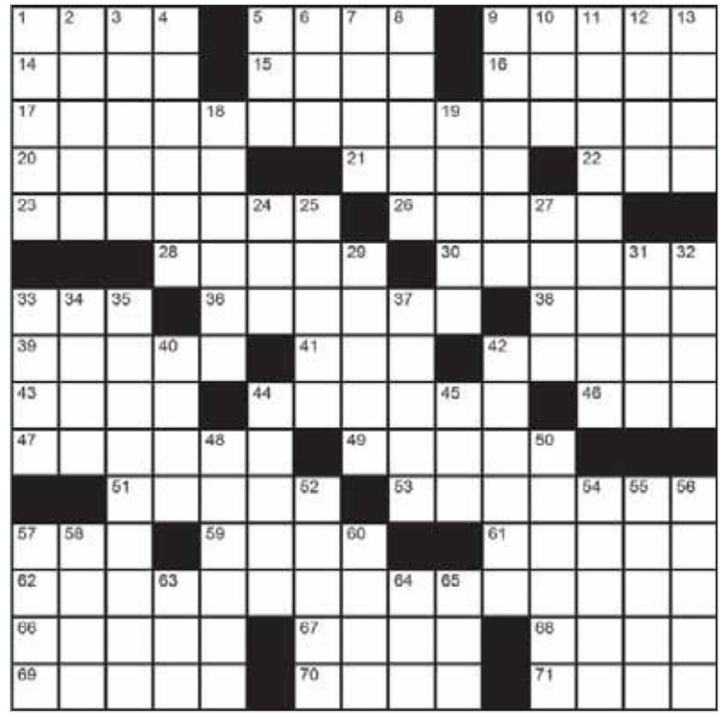
♒ Aquarius
Jan. 21 - Feb. 19
Today's new moon in your fellow Air sign of Gemini will inspire you to put your talents to good use. Relationships will go well too, so be assertive and dynamic and make sure others know what it is you desire.

♓ Pisces
Feb. 20 - March 20
Be more open about your feelings, especially if you are the kind of Pisces who tends to keep your emotions bottled up inside. It is good to release the pressure. SALLY BROMPTON

Crossword: Canada Across and Down

See today's answers at metronews.ca/answers.

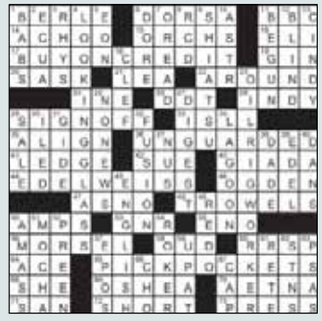
BY KELLY ANN BUCHANAN



Across
1. School subj.
5. Ancient Scot
9. Rocker David
14. Lebanon's locale
15. Chess piece
16. "Being __" (Canadian series, 2009 to 2011)
17. NBL Canada team: 2 wds.
20. Dude
21. Hockey's Mr. Lindros
22. Music tycoon, Dr. __
23. Shoppers Drug Mart: __ Card
26. Book publisher, __ Canada
28. Carpet: French
30. Metamorphic rock type
33. Dwindle
36. Country singer Mel
38. Lake for the Ontario municipality at #18-Down
39. Medicine Hat born actor Mr. Gerussi
41. 'Peace' suffix (Pacifist)
42. Rocker Mr. Reznor
43. Value
44. "And Muzak filled the air / From __ to Cuyahoga Falls." - The Pretenders, "My City Was Gone"
46. "__ of Love" (1989)
47. Singing span
49. Alberta: __ Oil Sands Project
51. Australia's gemstones
53. Cutely-named flower
57. Canadian author/broadcaster, __-Marie MacDonald
59. Badminton dividers
61. Separately
62. The Band song that starts "You can walk on the water...": 4 wds.
66. Shoelace tip
67. Carry along
68. __-__-for-now!
69. Demurely
70. Nylons nick
71. Brewery beverages

Down
1. Perry Como's "Papa Loves __"
2. "I'll have _ __." (Lunchtime order)
3. Touch of colour
4. Be a survivor: 2 wds.
5. For
6. "Am ___?" (Query from backstage)
7. __ about (Occur)
8. Capt. James _. __
9. Passing ship's guide
10. Grampus
11. Nature's infernos
12. Champagne cooling container
13. Slacken
18. Leamington, the '__ Capital of Canada'
19. Tree growth indicators
24. News agcy.
25. English author A.A.
27. Nobleman
29. Embark embarrassedly
31. Trigonometry ratio
32. Bristle
33. Spain: Zaragoza's river
34. Bric-a-__
35. __-__ jeans
37. Michael McDonald's "_ __ Forgettin' (Every Time You're Near)"
40. Tide type
42. Clan's cloth
44. Tennis great Monica
45. Flight simulators co. headquartered in Saint-Laurent, QC
48. "Nasty Girl" by __ 6 (Trivia! The lead singer of this '80s trio is Canadian)
50. Oscar-winning actress Ms. Nyong'o
52. RBIs, e.g.
54. Warship-related
55. Furious
56. __ Shrugged (Ayn Rand novel)
57. Sorrowful sigh
58. Virtually, in verse
60. Hospital readout
63. Sushi bar's 'Unagi'
64. Jennifer Lopez _ _ J.Lo
65. Mr. Philbin, to pals

Yesterday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

	9	4					7	
6	3		1	7				
					2	6		1
						4	8	6
	5						3	
9	2	6						
7		9	5					
				4	1		2	7
	8					5	4	

Yesterday's Sudoku

3	8	7	5	1	4	6	2	9
1	9	5	3	2	6	8	4	7
4	2	6	7	8	9	1	5	3
5	6	8	1	9	2	3	7	4
7	4	9	8	6	3	5	1	2
2	1	3	4	7	5	9	6	8
6	3	4	2	5	8	7	9	1
9	7	2	6	3	1	4	8	5
8	5	1	9	4	7	2	3	6

Today
15°/12°
Rain
80%

Thursday
16°/11°
Showers
60%

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Check the 14 day trend.
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